

# Student-Athlete Opinion Survey



Connecticut Interscholastic Athletic Conference

THE CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE  
STUDENT-ATHLETE OPINION SURVEY

The \_\_\_\_\_ is asking you to complete the following survey about your experience on one of its teams during the past season. Please do not consult with anyone else while responding to the survey. Thank you for your cooperation in completing the survey.

Sport \_\_\_\_\_

\_\_\_ Male \_\_\_ Female            Member of Varsity \_\_\_ Junior Varsity \_\_\_ Freshman \_\_\_

Answer the following statements using the number below that best reflects your opinion for each one:

- 1 – Strongly Disagree
- 2 – Disagree
- 3 – No comment
- 4 – Agree
- 5 – Strongly agree

Conditioning

- \_\_\_ 1. I was encouraged by our coach to maintain good physical conditioning in the off-season.
- \_\_\_ 2. Our coach provided me with a program that helped me maintain a good physical condition in the off-season.
- \_\_\_ 3. Our coach provided me with a program designed to keep me in good physical condition during the season.
- \_\_\_ 4. The methods used to attain and maintain good physical conditioning were appropriate to the sport.
- \_\_\_ 5. I was in good physical condition throughout the season.

Coaching Style

- \_\_\_ 1. Our coach has reasonable team discipline expectations.
- \_\_\_ 2. Our coach clearly articulates and consistently enforces team rules.
- \_\_\_ 3. Our coach maintains a safe and orderly practice area.
- \_\_\_ 4. Our coach supervises the locker room before and after practices and contests.
- \_\_\_ 5. Our coach uses effective communication skills with athletes and parents.
- \_\_\_ 6. Our coach exhibits enthusiasm in his/her coaching efforts.
- \_\_\_ 7. Our coach is available and willing to discuss personal issues that I might have.
- \_\_\_ 8. Our coach provides constructive criticism.
- \_\_\_ 9. Our coach has well planned practices.
- \_\_\_ 10. Our coach employs effective offensive and defensive strategies.
- \_\_\_ 11. Our coach uses drills to teach the skills of the game.
- \_\_\_ 12. Our coach challenges his/her athletes.
- \_\_\_ 13. Our coach inspires his/her athletes.

- 14. Our coach demonstrates good sportsmanship.
- 15. Our coach demonstrates a positive leadership style.
- 16. Our coach helps to build self-esteem in me.
- 17. Our coach is fair.
- 18. My playing time was appropriate.
- 19. Our coach represents our school in a positive manner.
- 20. Our coach clearly defined my role on the team.
- 21. Our coach works cooperatively with other coaches in our school.
- 22. Our coach is respected by other team members.
- 23. Our coach monitored my academic progress.

#### General

- 1. Being a member of a team helped me to become a better decision maker.
- 2. My self-confidence is higher as a result of being on this team.
- 3. My grades improved as a result of being on this team.
- 4. Being a member of this team helped me in the area of self-control.
- 5. My school provided a quality athletic training service to take care of injuries, etc.
- 6. The athletic trainer was available to service my needs and the needs of our team.
- 7. Being a member of this team was a positive experience for me.