



# STUDENT ATHLETIC ADVISORY BOARD

CAS-CIAC is excited to announce the sixth year of the Student Athletic Advisory Board. An offshoot of the successful “Class Act Schools” initiative, the statewide advisory board empowers students to promote good sportsmanship within their leagues and to address other issues regarding athletics.



In addition, students will be able to share their respective experiences and highlights so that they can learn from each other and take great ideas back to their own leagues. Students will now have a voice to promote and improve respect, teamwork, and character in all of our Class Act schools and beyond



## Purpose

- Educate students, staff, parents and spectators on what the expectations are for a Class Act School
- Voice all concerns dealing with athletics within the different schools
- Have dialogues about the positive aspects of athletics and brainstorm ways to make it even better
- Develop and implement ideas for promoting good sportsmanship state wide

## Students

- The SAAB will consist of 6 students from each league
  - 6 students with each student representing a different school within the league
- Student requirements
  - Complete an application provided by CAS-CIAC
  - Write a letter of interest
  - Submit a recommendation letter from a teacher,
  - Submit a recommendation letter from a teacher, coach, or any staff member

## Meetings

- Meetings will be in-person at CAS Headquarters, 30 Realty Drive, Cheshire, CT. Meeting dates are: October 22, 2024; December 17, 2024; February 25, 2025; April 1, 2025; and May 13, 2025



**Berkshire League**

The Gilbert School, Winsted  
Housatonic Valley Reg. High School, Falls Village  
Litchfield High School  
Nonnewaug High School, Woodbury  
Northwestern Regional High School, Winsted  
Shepaug Valley High School, Washington Thomaston  
High School, Thomaston

**Capital Region Athletic League**

Academy of Aerospace & Engineering (ME), Windsor  
Academy of International studies, Bloomfield  
Academy of Science & Innovation, New Britain  
Achievement First Charter High School, Hartford  
Bulkeley High School, Hartford  
Capital Preparatory High School, Hartford  
Classical Magnet School, Hartford  
CREC Academy of Comp. Sci & Engineering, Enfield  
Hartford Magnet Trinity College Academy, Hartford  
Parish Hill High School, Chaplin  
University High School of Science and Engineering  
Weaver High School, Hartford

**Central Connecticut Conference**

Avon High School  
Berlin High School  
Bloomfield High School  
Bristol Central High School  
Bristol Eastern High School  
East Catholic High School, Manchester  
East Hartford High School  
Enfield High School  
Farmington High School  
Glastonbury High School  
Hartford Public High School  
Lewis Mills High School, Burlington  
Maloney High School  
Manchester High School  
Middletown High School  
New Britain High School  
Newington High School  
Northwest Catholic High School  
Plainville High School  
Platt High School, Meriden  
RHAM High School  
Rocky Hill High School  
Simsbury High School  
Southington High School  
Tolland High School  
Wethersfield High School  
Windsor High School

**Connecticut Technical Conference**

Abbott Technical High School  
A.I. Prince Tech. High School,  
Bullard Havens Technical High School, Bridgeport  
E.C. Goodwin Tech. High School, New Britain  
Eli Whitney Technical High School, Hamden  
Ella Grasso Southeastern Tech. High School, Groton Emmett  
O'Brien Tech. High School, Ansonia  
Harvard Ellis Tech. High School, Danielson  
H.C. Wilcox Technical High School, Meriden Howell Cheney  
Technical High School, Manchester  
J.M. Wright Technical High School, Stamford  
Norwich Tech. High School  
Oliver Wolcott Tech. High School, Torrington  
Platt Tech. High School, Milford  
Vinal Technical High School, Middletown  
W.F. Kaynor Tech. High School, Waterbury  
Windham Tech. High School

**Eastern Connecticut Conference**

Bacon Academy, Colchester  
East Lyme High School  
Griswold High School  
Killingly High School  
Ledyard High School  
Lyman Memorial High School, Lebanon  
Montville High School  
New London High School  
Norwich Free Academy  
Plainfield High School  
Putnam High School  
Robert E. Fitch High School, Groton  
Saint Bernard School, Uncasville  
Stonington High School  
Tourtellotte Memorial High School, No. Grosvenordale  
Waterford High School  
Wheeler High School, North Stonington  
Windham High School  
Woodstock Academy

**Fairfield County Interscholastic Athletic Conference**

Brien McMahon High School, Norwalk  
Danbury High School  
Darien High School  
Fairfield Ludlowe High School  
Fairfield Warde High School, Fairfield  
Norwalk High School  
St. Joseph High School, Trumbull  
Stamford High School  
Staples High School, Westport  
Westhill High School, Stamford  
Trumbull High School  
Wilton High School



**Independent**

Warren Harding High School

**Naugatuck Valley Conference**

Derby High School  
Holy Cross High School, Waterbury  
John F. Kennedy High School  
Naugatuck High School  
Oxford High School  
Seymour High School  
St. Paul Catholic High School, Bristol  
Torrington High School  
Waterbury Career Academy  
Wolcott High School  
Woodland Regional High School, Beacon Falls

**North Central Connecticut Conference**

Canton High School  
Coventry High School  
East Granby High School  
East Windsor High School  
Ellington High School  
Granby Memorial High School  
Rockville High School  
Somers High School  
Stafford High School  
Suffield High School

**Shoreline Conference**

Coginchaug Regional High School, Durham  
Cromwell High School  
East Hampton High School  
Lyme-Old Lyme High School  
Haddam-Killingworth High School, Higganum  
Nathan Hale Ray High School, E. Haddam  
North Branford High School  
Old Saybrook High School  
Portland High School  
The Morgan School, Clinton  
Valley Regional High School, Deep River  
Westbrook High School

**South Western Conference**

Bethel High School  
Brookfield High School  
Bunnell High School, Stratford  
Immaculate High School, Danbury  
Joel Barlow High School, Redding  
Kolbe-Cathedral High School, Bridgeport  
Masuk High School, Monroe  
New Fairfield High School  
New Milford High School  
Newtown High School  
Notre Dame Catholic High School, Fairfield  
Pomperaug High School, Southbury  
Stratford High School  
Weston High School

**Southern Connecticut Conference**

Academy of Our Lady of Mercy - Lauralton Hall, Milford  
Amity Regional High School  
Branford High School  
Cheshire High School  
Daniel Hand High School, Madison  
East Haven High School  
Fairfield Preparatory  
Hamden High School  
Joseph Foran High School, Milford  
Jonathan Law High School, Milford  
Notre Dame High School - West Haven  
North Haven High School  
Sheehan High School, Wallingford  
Shelton High School  
West Haven High School